

Valued Retirements, Inc.

710 N Post Oak Road, Suite 420
Houston, Texas 77024-3894
Office 713-821-3242
FAX 713-613-2908
www.valuedretirements.com

(Item 1)

March 2022

This brochure provides information about the qualifications and business practices of Valued Retirements, Inc., which also uses “Valued Retirements” as a business name.

If you have any questions about the contents of this brochure, please contact us at 713-821-3243 and/or cory@valuedretirements.com. The information in this brochure has not been approved or verified by the United States Securities and Exchange Commission or by any state securities authority.

Additional information about Valued Retirements, Inc. also is available on the SEC’s website at www.adviserinfo.sec.gov.

(Item 2) Material Changes

Since our last annual updating amendment in March 2021, there have been no material changes.

(Item 3) Table of Contents

Advisory Business	4
Fees and Compensation.....	5
Performance-Based Fees and Side-By-Side Management.....	6
Types of Clients	7
Methods of Analysis, Investment Strategies and Risk of Loss.....	7
Disciplinary Information.....	8
Other Financial Industry Activities and Affiliations.....	8
Code of Ethics, Participation or Interest in Client Transactions and Personal Trading	8
Brokerage Practices.....	9
Review of Accounts.....	10
Client Referrals and Other Compensation	10
Custody	10
Investment Discretion.....	11
Voting Client Securities.....	11
Financial Information.....	11
Requirements for State-Registered Advisors.....	11
Brochure Supplement (Part 2B of Form ADV).....	13

ITEM 4. ADVISORY BUSINESS

Advisory Firm Description

Valued Retirements, Inc. (doing business as Valued Retirements) has been in business since April 7, 1999. The owners are Cory Mizell, Sarah Mizell, and Malcolm Morris. Valued Retirements is not affiliated with any other businesses as an owner or subsidiary.

Types of Advisory Services

We provide primarily financial planning and investment management services. As an independent, fee-only firm, we do not receive commissions on the sale of securities, insurance, or any other financial product. We adhere to a fiduciary level of care, always placing our clients' interests first.

Financial Planning Services

We work with the client to define and understand personal and financial goals, objectives, and priorities including the needs for income and growth of financial assets. We analyze and evaluate the goals, needs, and priorities to determine if the client's current resources and a workable course of action can be established, producing a written plan. We create with the client a written financial plan and investment policy statement including goals and objectives, risk tolerance, time horizon, and associated performance measurements. At this point, we typically enter into an agreement with the client to provide investment management services. The client's financial plan will be updated from time to time based on changes in client's circumstances, objectives, priorities, and other factors.

Investment Management Services

Independent and Professional Management: Individuals who lack the time and expertise to manage their money entrust in us that responsibility in order to reduce risk and increase investment opportunities. With Valued Retirements' compensation being primarily a fee based on the value of the client's accounts, the overall objectives of the client and Valued Retirements are often aligned – to protect and grow the portfolio. Our independence and objectivity are focused on providing continuous supervision and diversification of portfolios with discipline.

We create a customized portfolio for each client, based on the written investment policy statement. We place trades in the client's portfolio, monitor the portfolio holdings on a regular basis, and make changes as appropriate according to market conditions, security prices, and our outlook on the economy.

Tailored Advisory Services

Clients may restrict Valued Retirements from purchasing or selling certain securities on their behalf in the investment policy statement. These restrictions may be changed at any time.

Educational Seminars, Periodicals, and Newsletters

Valued Retirements occasionally holds educational seminars and publishes information on

personal financial planning and organization. Seminars and publications are generally one-off in nature and focus on general household financial organization, saving and budgeting.

Subadvisory Services

Valued Retirements may also select and appoint one or more Sub-Advisor(s) to provide Sub-Advisor Services to Client's Account without prior consultation with or the prior consent of Client. Such Sub-Advisor Services will be as determined by Valued Retirements. Such Sub-Advisor(s), in providing Sub-Advisor Services, shall have all of the same authority relating to the management, including fee deduction authority, of Client's Account as is granted to Valued Retirements in this Agreement. In addition, at Valued Retirements' discretion, Valued Retirements may grant such Sub-Advisor(s) full authority to further delegate such discretionary investment authority to other Money Managers. The selection of Sub-Advisors will not affect the fee amount charged to the Client. All fees paid by Client to Valued Retirements are inclusive of the fees paid to Sub-Advisor.

Assets Under Management

As of 12/31/2021, Valued Retirements had \$72,772,870 in total assets under management.

ITEM 5. FEES AND COMPENSATION

Financial Planning

Financial planning fees are generally charged on a fixed fee basis and are calculated based on an estimate of time to be spent on an hourly basis. This fee is outlined in the financial planning agreement, with one-half due upon execution of the agreement, and the final half due upon delivery of the plan. Fees incurred for financial planning will be credited toward our investment management fees if a client chooses to have us also manage his or her investments. In the event of termination during the planning process, we will charge the client only for work incurred to date on an hourly basis (\$250/hour) and will refund any prepaid unearned fees. On occasion, we may also provide financial planning consultations on an hourly basis at a minimum of \$250/hour, with those fees due upon completion of the consultation.

Investment Management

Valued Retirement's investment management fees are calculated quarterly based on the market value of the assets as of the last business day of the preceding calendar quarter. Fees are charged quarterly, in arrears, and are deducted from the accounts unless the clients have requested separate billing, in which case fees are due within 15 days of the billing date. Advisory fees may be tax deductible subject to Internal Revenue Regulations. In any partial quarter, the fee is prorated based on the number of days the agreement is in force. Fees for investment management services are set forth below and may be adjusted upon the provision of thirty days written notice to the client.

Fees charged to the client include investment management and financial advisory services, which may include advice on investing your employer savings plan (e.g., 401(k)) and advice related to tax planning, estate planning, retirement planning, life planning, charitable giving,

and general financial planning.

<u>Managed Portfolio Amount</u>	<u>Annual Fee</u>
\$0-\$1 million	0.8%
\$1 million-\$3 million	0.6%
\$3 million-\$10 million	0.4%
Portfolios over \$10 million	Negotiated

Most fees are charged based on asset value as described above or, occasionally, on a project or retainer basis. In cases where an annual retainer fee or a project fee is in the best interest of the client and/or advisor, those fees will be defined in an agreement at the time. All fees are negotiable in certain circumstances and fees may vary from client to client. Each client agreement defines the fee, which Valued Retirement will charge.

The fee Valued Retirements charges is in addition to transaction, exchange, wire or custodial fees the account custodian may charge. When Valued Retirements recommends a mutual fund for a client's account, three separate fees may be charged to the client, either directly or indirectly. The first fee is Valued Retirements' investment management fee where the fund is included in the asset base for the quarterly fee calculation. The second is the set of internal fees charged by the investment company for the fund's investment management, marketing, administration and marketing assistance. These internal expenses are disclosed in each fund's prospectus, which is provided to each client by the custodian. (This set of fees also applies to any money market fund purchased in the client's account.) The third fee may be a transaction fee, which is assessed by the custodian for its service of providing access to a universe of mutual fund families through one account. To avoid such fees a client would be required to open a separate account with each individual mutual fund company instead of using the custodian recommended by Valued Retirements, which would also negatively affect Valued Retirements' ability to deliver its services efficiently. Not all mutual fund trades enacted by Valued Retirements incur a transaction fee.

We generally recommend no-load mutual funds or funds in which the loads are waived.

Clients may also incur "account Termination Fees" upon the transfer of an account from one brokerage firm (custodian) to another.

Valued Retirements sometimes provide other services to individuals, non-profit, educational, or community organizations in the areas of fundraising or planned giving. Such services are provided based upon a pre-agreed upon fee prior to services being rendered. These experiences enhance the knowledge of our employees, potentially benefiting clients who are provided advisory services.

Educational Seminars, Periodicals, and Newsletters

Valued Retirements does not charge a fee for these services.

ITEM 6. PERFORMANCE-BASED FEES AND SIDE-BY-SIDE MANAGEMENT

Valued Retirements does not charge performance-based fees so this section does not apply.

ITEM 7. TYPES OF CLIENTS

The primary client of Valued Retirements is an individual or a couple. The primary services provided such clients are financial planning and investment management services. In addition to investment management services, we will often provide limited advice related to tax planning, college planning, retirement planning, life planning, and charitable giving and gifting as a part of financial planning services. Upon request, we may recommend other professionals to clients.

We also provide advice to trusts, estates and charitable organizations. The primary services are associated with investment management, fundraising or planned giving.

ITEM 8.METHODS OF ANALYSIS, INVESTMENT STRATEGIES AND RISK OF LOSS

Investment Policy Statement

Initially we gather the facts about the client's financial situation, estate planning, tax planning, short-term and long-term lifetime financial goals and objectives, investment time horizon, and the perceived current tolerance for risk. We then prepare and agree to an Investment Policy Statement, which becomes the guidance for our relationship and the management of the client's portfolio.

Methods of Analysis and Investment Strategies

Our security analysis is based on a number of factors including:

- Fundamental Analysis of financial attributes of a company, industry or fund, such as revenue growth, debt-to-equity ratio, price-to-earnings ratio, inventory turnover, etc.
- Technical Analysis which assumes past performance is a predictor of future performance
- Cyclical Analysis based on business, industry, calendar or historical cycles

We also use our own methods to help choose from the best alternatives we have identified. Our investment program stresses diversified asset allocation to reduce risks. We manage portfolios with the twin objectives of enhancing targeted returns and reducing the risk necessary to achieve the returns. Growth, value, blend, and momentum investment styles are employed within the portfolio. Both styles and asset classes have their own bull and bear market characteristics. The relative short-term attractiveness of the different asset classes and styles can affect the mix of the portfolios.

Types of Investments

The primary investments included in portfolios are mutual funds of equity and fixed income holdings, exchange traded funds (ETFs), publicly traded real estate investment trusts (REITS), publicly traded master limited partnerships (MLPs), money market funds, other cash equivalents, and sometimes individual stocks.

Sources of Information

The main sources of information used in analysis include commercially available investment

information and evaluation services, financial newspapers and journals, newsletters and periodicals. Prospectuses and data aggregations services like Morningstar are also key sources. From time to time custodians provide research, white papers, compliance information and conferences that provide valuable information.

Risks of Loss

Valued Retirements does not guarantee the future performance of any accounts or any specific level of performance, the success of any investment decisions or strategies used, or the success of the overall management of accounts. We inform clients that investment decisions are subject to various market, currency, economic, political, and business risks that can result in loss of principal. Each client portfolio is designed with the risk of loss in mind and reflects the client's risk tolerance. Investing in securities involves risk of loss that clients should be prepared to bear.

ITEM 9. DISCIPLINARY INFORMATION

Valued Retirements and its employees have no incidents of legal or disciplinary action.

ITEM 10. OTHER FINANCIAL INDUSTRY ACTIVITIES AND AFFILIATIONS

Valued Retirements may also select and appoint one or more Sub-Advisor(s) to provide Sub-Advisor Services to Client's Account without prior consultation with or the prior consent of Client. When selecting Sub-Advisors, the Client's best interest will be the main determining factor of Valued Retirements. Valued Retirements ensures that before selecting other Sub-Advisors that they are properly licensed or registered as an investment advisor.

ITEM 11. CODE OF ETHICS, PARTICIPATION OR INTEREST IN CLIENT TRANSACTIONS AND PERSONAL TRADING

Code of Ethics

Valued Retirements ("the Firm") has adopted a Code of Ethics, which describes the general standards of conduct that the Firm expects of all Firm personnel (collectively referred to as "employees") and focuses on three specific areas where employee conduct has the potential to adversely affect the client: misuse of confidential information; personal securities trading and outside business activities. Failure to uphold the Code of Ethics may result in disciplinary sanctions, including termination from the Firm. Any client or prospective client may request a copy of the Firm's Code of Ethics which will be provided at no cost.

The following basic principles guide all aspects of the Firm's business and represent the minimum requirements to which the Firm expects employees to adhere:

- The interests of the Clients come before employees' personal interests and before the Firm's interests.
- The Firm must fully disclose all material facts about conflicts of which it is aware between the Firm and its employees' interests on the one hand and clients' on the other.
- The Firm and its employees must not take inappropriate advantage of their positions of

- trust with or responsibility to clients.
- The Firm and its employees must always comply with all applicable securities laws.

Misuse of Nonpublic Information

The Code of Ethics contains a policy against the use of nonpublic information in conducting business for the Firm. Employees may not convey nonpublic information nor depend upon it in placing any securities trades.

Personal Securities Trading

Valued Retirements or individuals associated with the Firm may buy, sell or hold in their personal accounts the same securities the Firm recommends to its clients. Such trades may occur on the next day after trades in client accounts or later.

Employees are required to submit reports of personal securities trades on a quarterly basis, and securities holdings annually. These are reviewed by the Chief Compliance Officer to ensure compliance with the Firm's policies.

Outside Business Activities

Employees are required to report any outside business activities generating revenue. If any are deemed to be in conflict with clients, such conflicts will be fully disclosed or the employee will be directed to cease such activity.

ITEM 12. BROKERAGE PRACTICES

Valued Retirements recognizes its fiduciary duty to obtain best execution for its clients, defining best execution as the range of mutual funds available, quality and availability of service staff, discounted fees, financial stability of the custodian, best price execution, and providing clients with electronic access to account information. Valued Retirements usually enacts trades through the custodian holding the assets in order to minimize trade fees.

Research and Other Soft-Dollar Benefits

Valued Retirements has no formal soft dollar arrangements, where commission dollars generated by client trades help pay for services used by the firm. Valued Retirements receives no direct economic benefit (including commissions, equipment, or non-research services) from any party in connection with clients' accounts. Custodians provide our employees with access to institutional trading and custody services, which are typically not available to retail investors. Custodians of the Firm's clients' accounts may also provide Valued Retirements and its employees with educational, practice management, and compliance materials such as newsletters and seminars, creating a potential conflict of interest with clients.

Brokerage for Client Referrals

Valued Retirements does not receive client referrals from any brokerage firms.

Directed Brokerage

Valued Retirements prefers to custody client assets at one discount brokerage firm, TD Ameritrade Institutional. It has transaction fees and commissions that are generally in line with those of other discount brokers. We will, however work with certain other brokerage firms where appropriate to meet a particular client's specific needs or desires.

Order Aggregation

Valued Retirements does not typically aggregate trades for its clients. This is due to the fact that all trade decisions are reviewed with respect to overall portfolio strategy and tax efficiency. Also, TD Ameritrade charges transaction fees at the account level so a cost advantage for blocked trades is not available

ITEM 13. REVIEW OF ACCOUNTS

Once initial assets have been invested in accordance with the client's investment policy statement, we routinely review the portfolio's performance. The individual mutual funds and other securities are continuously monitored to ensure that managers provide the expertise for which they were selected. Carefully considered changes in individual investments are based on such factors as changes in key management personnel, faltering relative performance, or changes in client's circumstances.

Typically, on a quarterly basis, we provide a written Portfolio Performance Analysis which is designed to help clients evaluate the progress of the portfolio. The report shows performance of each position, performance of market indexes, as well as overall portfolio performance. This report is usually accompanied by a tailored cover letter as well as Valued Retirement's invoice for services for the period.

Cory Alan Mizell, President/ Chief Compliance Officer/ Financial Advisor, Sarah Anne Mizell, Vice President/ Chairwoman of the Board/ Financial Advisor, and Alfred M Sanders, Jr., provide the reviews of the accounts.

ITEM 14. CLIENT REFERRALS AND OTHER COMPENSATION

No one is paid for referring potential clients to Valued Retirements. From time to time, we do refer clients to legal, insurance, and accounting professionals and those professionals refer clients to Valued Retirements. No compensation results from such referrals.

ITEM 15. CUSTODY

Custody is defined as having access to client funds or securities. Valued Retirements has custody of client funds only to the extent that clients grant the Firm authority to direct the account custodian to deduct the investment management fee from the clients' accounts.

Custodians such as TD Ameritrade and Charles Schwab have custody of the assets. Custodians of client's accounts typically send detailed written monthly statements directly to clients. These reports typically detail transactions since the last statement including fees paid to Valued Retirements, indicate dividends and interest credited, and show positions held on the date of the report.

Valued Retirements states on the Portfolio Performance Analysis that the "Client should compare account statements received from the custodians to those received from the adviser.

Statements may differ when more up-to-date information is available than the custodian captured.” Our statements may vary from custodial statements due to differences in timing of recognition of some dividends and interest payments. If the client finds significant discrepancies, the custodian and Valued Retirements should be notified.

ITEM 16. INVESTMENT DISCRETION

Most clients give Valued Retirements discretionary authority at the outset of an advisory relationship to select the identity and amount of securities to be bought or sold without prior consultation with the client. In all cases, however, such discretion is to be exercised in a manner consistent with the stated investment objectives for the particular client account. We place trades in client accounts using a limited power of attorney, which gives the firm authority to determine which and how much of each security to be bought or sold without receiving permission from the client prior to making each trade.

ITEM 17. VOTING CLIENT SECURITIES

We do not vote proxies for securities held in client accounts. Clients will receive their proxies or other solicitations directly from their custodian or a transfer agent (by email or US mail) for actions by the client. Clients may contact Valued Retirements with questions about a particular solicitation, but we do not suggest that much time be spent by the client on this activity, unless they wish to get personally involved.

ITEM 18. FINANCIAL INFORMATION

The requirement to produce financial information does not apply to Valued Retirements. No financial condition exists that might impair Valued Retirements’ ability to meet its contractual obligation to its clients.

ITEM 19. REQUIREMENTS FOR STATE-REGISTERED ADVISERS

Please see the brochure supplements for information regarding the Firm’s investment advisor representatives, Cory Alan Mizell, Sarah Anne Mizell, and Alfred Marsh Sanders, Jr.

Nobody in the Firm has been involved in any arbitration claim or proceeding involving unethical practices.

The Firm does not have any relationships or arrangements with any issuer of securities.

[Page intentionally left blank]

Cory Alan Mizell, CFP®
Office 713-821-3243
Cell 832-208-9055
cory@valuedretirements.com

Sarah Anne Mizell, CFP®
Office 713-821-3243
Cell 713-673-9055
sarah@valuedretirements.com

Alfred Marsh Sanders Jr., CFP®
Office 713-821-3242
Cell 832-837-9146
al@valuedretirements.com

Valued Retirements, Inc.
710 N Post Oak Road, Suite 420
Houston, Texas 77024-3894
www.valuedretirements.com

March 2022

This brochure supplement provides information about our advisors that supplements the Valued Retirements, Inc. brochure. You should have received a copy of that brochure. Please contact Cory Mizell at 713-821-3243 if you did not receive Valued Retirement's brochure or if you have any questions about the contents of this supplement.

Additional information about our advisors is available on the SEC's website at www.adviserinfo.sec.gov.

EDUCATIONAL BACKGROUND AND BUSINESS EXPERIENCE

Alfred Marsh Sanders Jr., CFP®, Born 1942

Business Background:

Valued Retirements, Inc., Financial Advisor- September 2021- present
Valued Retirements, Inc., President, April 1999 – September 2021
Self Employed, Consultant, July 1998 - March 1999
Exxon Corporation, Financial Executive, August 1968 - June 1998

Education:

University of Colorado – Boulder, BS in Mechanical Engineering, 1965
Purdue University, MS Industrial Administration, 1968
CFP® Certification, 1997

Certified Financial Planner (CFP®) certification (see back pages for information on this certification).

DISCIPLINARY INFORMATION

None

OTHER BUSINESS ACTIVITIES

Alfred M. Sanders Jr. serves as Trustee of the University of Colorado Foundation. His volunteer time at this non-profit, at his church and in the community takes him away from his business activities, but there are no other conflicts involved.

ADDITIONAL COMPENSATION

None

SUPERVISION

Cory Mizell, President and Chief Compliance Officer can be reached at 713-821-3243. Mr. Mizell provides supervision of Alfred Sanders. All proposals to clients including investment policy statements, Retirement Plans, proposed portfolios and proposed changes to portfolios are reviewed prior to action. Actions taken are reviewed routinely.

REQUIREMENTS FOR STATE-REGISTERED ADVISERS

Mr. Sanders has not been found liable in an arbitration claim, nor has he been found liable in a civil, self-regulatory organization, or administrative proceeding.

Mr. Sanders has not been the subject of a bankruptcy petition.

EDUCATIONAL BACKGROUND AND BUSINESS EXPERIENCE

Sarah Anne Mizell, CFP[®], Born 1987

Business Background:

Valued Retirements, Inc., Vice President, Chairwoman of the Board, September 2021- present
Valued Retirements, Inc., Financial Advisor & Director of Marketing, October 2014 -present
Julianna Poor Memorial Counseling Center, Financial Consultant/Volunteer, April 2010 -present
Century 21 Olympian, Real Estate Salesperson, July 2014 - September 2014
SBS Financial, LLC, Self-Employed, Planner, October 2012 - July 2014
ConocoPhillips, Commercial analyst, scheduler, and specialist, June 2009 - July 2014

Education:

New Mexico State University, BS Finance, BA Journalism & Mass Comm., 2009
CFP[®] Certification, 2015

Certified Financial Planner (CFP[®]) certification (see back pages for more information on this certification).

DISCIPLINARY INFORMATION

None

OTHER BUSINESS ACTIVITIES

None

ADDITIONAL COMPENSATION

None

SUPERVISION

Cory Mizell, President and Chief Compliance Officer can be reached at 713-821-3243. Mr. Mizell provides supervision of Sarah Mizell. All proposals to clients including investment policy statements, Retirement Plans, proposed portfolios and proposed changes to portfolios are reviewed prior to action. Actions taken are reviewed routinely.

REQUIREMENTS FOR STATE-REGISTERED ADVISERS

Sarah Mizell has not been found liable in an arbitration claim, nor has he been found liable in a civil, self-regulatory organization, or administrative proceeding.

Sarah Mizell has not been the subject of a bankruptcy petition.

EDUCATIONAL BACKGROUND AND BUSINESS EXPERIENCE

Cory Alan Mizell, CFP® Born 1987

Business Background:

Valued Retirements, Inc., President, September 2021 - present

Valued Retirements, Inc., Chief Compliance Officer, February 2021 - present

Valued Retirements, Inc., Financial Advisor, Director, February 2018 - present

Julianna Poor Memorial Counseling Center, Financial Consultant/Volunteer, April 2010 - present

Aspen Technology, Customer Success Manager, September 2017 - February 2018

Solvay Chemicals, Sales Representative, March 2015 - September 2017

Solvay Chemicals, Commercial Analyst, July 2014 - September 2017

Total Petrochemicals & Refining USA, Process Control & Projects Engineer, March 2012 -
November 2012

Total Petrochemicals & Refining USA, Optimization Engineer, May 2009 - March 2012

Education:

Texas A&M University, Master of Business Administration, 2015

New Mexico State University, BS Chemical Engineering, 2009

CFP® Certification, 2020

Certified Financial Planner (CFP®) certification (see back pages for more information on this certification).

DISCIPLINARY INFORMATION

None

OTHER BUSINESS ACTIVITIES

None

ADDITIONAL COMPENSATION

None

SUPERVISION

As Managing Member of Valued Retirements, Cory Mizell supervises the advisory activities of the firm. Cory Mizell can be reached at 713-821-3243.

REQUIREMENTS FOR STATE-REGISTERED ADVISERS

Cory Mizell has not been found liable in an arbitration claim, nor has he been found liable in a civil, self-regulatory organization, or administrative proceeding.

Cory Mizell has not been the subject of a bankruptcy petition.

Certification Information

Certified Financial Planner® Certification

The CFP® certification is a voluntary certification; no federal or state law or regulation requires financial planners to hold CFP® certification. It is recognized in the United States and a number of other countries for its (1) high standard of professional education, (2) stringent code of conduct and standards of practice and (3) ethical requirements that govern professional engagements with clients.

To attain the right to use the CFP® marks, an individual must satisfactorily fulfill the following requirements:

- Education – Complete an advanced college-level course of study addressing the financial planning subject areas that CFP Board's studies have determined as necessary.
- Examination – Pass the comprehensive CFP® Certification Examination, a 10-hour exam.
- Experience – Complete at least three years of full-time financial planning-related experience (or the equivalent, measured as 2,000 hours per year).
- Ethics – Agree to be bound by CFP Board's *Standards of Professional Conduct*, a set of documents outlining the ethical and practice standards for CFP® professionals.

Individuals who become certified must complete the following ongoing education and ethics requirements in order to maintain the right to continue to use the CFP® marks:

- Continuing Education – Complete 30 hours of continuing education hours every two years.
- Ethics – Renew an agreement to be bound by the *Standards of Professional Conduct*.

CFP® professionals who fail to comply with the above standards and requirements may be subject to CFP Board's enforcement process, which could result in suspension or permanent revocation of their CFP® certification.